

302 , 800m (14-15 )  
09.06.2024 - 15:22

: FINA 2023

					R.T.				WA	
1.	2009				<b>8:35.42</b>				636	
	50m: 28.00	28.00	250m: 2:36.28	32.58	450m: 4:48.22	33.44	650m: 7:00.20	33.11		
	100m: 58.59	30.59	300m: 3:08.92	32.64	500m: 5:21.02	32.80	700m: 7:33.13	32.93		
	150m: 1:31.13	32.54	350m: 3:41.88	32.96	550m: 5:54.41	33.39	750m: 8:06.08	32.95		
	200m: 2:03.70	32.57	400m: 4:14.78	32.90	600m: 6:27.09	32.68	800m: 8:35.42	29.34		
2.	2009				<b>8:46.48</b>				597	
	50m: 29.30	29.30	250m: 2:37.72	32.88	450m: 4:50.58	33.32	650m: 7:05.95	33.89		
	100m: 1:00.25	30.95	300m: 3:10.57	32.85	500m: 5:24.25	33.67	700m: 7:39.88	33.93		
	150m: 1:32.18	31.93	350m: 3:43.81	33.24	550m: 5:58.09	33.84	750m: 8:13.75	33.87		
	200m: 2:04.84	32.66	400m: 4:17.26	33.45	600m: 6:32.06	33.97	800m: 8:46.48	32.73		
3.	2010				<b>8:54.71</b>				I 570	
	50m: 28.89	28.89	250m: 2:38.73	33.39	450m: 4:54.63	34.73	650m: 7:13.53	35.06		
	100m: 1:00.23	31.34	300m: 3:12.03	33.30	500m: 5:29.33	34.70	700m: 7:48.32	34.79		
	150m: 1:32.66	32.43	350m: 3:46.04	34.01	550m: 6:03.91	34.58	750m: 8:22.84	34.52		
	200m: 2:05.34	32.68	400m: 4:19.90	33.86	600m: 6:38.47	34.56	800m: 8:54.71	31.87		
4.	2010				<b>9:00.37</b>				I 552	
	50m: 30.02	30.02	250m: 2:44.20	33.81	450m: 5:00.05	33.97	650m: 7:18.75	34.63		
	100m: 1:03.18	33.16	300m: 3:18.05	33.85	500m: 5:34.92	34.87	700m: 7:53.46	34.71		
	150m: 1:36.43	33.25	350m: 3:51.98	33.93	550m: 6:09.59	34.67	750m: 8:27.63	34.17		
	200m: 2:10.39	33.96	400m: 4:26.08	34.10	600m: 6:44.12	34.53	800m: 9:00.37	32.74		
5.	2009				<b>9:05.91</b>				I 535	
	50m: 29.82	29.82	250m: 2:45.04	34.23	450m: 5:03.23	34.73	650m: 7:23.24	35.03		
	100m: 1:02.67	32.85	300m: 3:19.33	34.29	500m: 5:37.93	34.70	700m: 7:57.90	34.66		
	150m: 1:36.70	34.03	350m: 3:53.45	34.12	550m: 6:13.14	35.21	750m: 8:32.84	34.94		
	200m: 2:10.81	34.11	400m: 4:28.50	35.05	600m: 6:48.21	35.07	800m: 9:05.91	33.07		
6.	2010				<b>9:13.04</b>				I 515	
	50m: 30.48	30.48	250m: 2:46.94	35.32	450m: 5:08.42	35.41	650m: 7:28.98	34.94		
	100m: 1:03.35	32.87	300m: 3:22.07	35.13	500m: 5:44.35	35.93	700m: 8:04.51	35.53		
	150m: 1:37.15	33.80	350m: 3:57.25	35.18	550m: 6:18.95	34.60	750m: 8:39.33	34.82		
	200m: 2:11.62	34.47	400m: 4:33.01	35.76	600m: 6:54.04	35.09	800m: 9:13.04	33.71		
7.	2010				<b>9:17.27</b>				I 503	
	50m: 31.06	31.06	250m: 2:48.55	35.21	450m: 5:10.64	35.30	650m: 7:33.42	35.54		
	100m: 1:03.83	32.77	300m: 3:23.80	35.25	500m: 5:46.56	35.92	700m: 8:08.53	35.11		
	150m: 1:38.45	34.62	350m: 3:59.48	35.68	550m: 6:22.60	36.04	750m: 8:43.73	35.20		
	200m: 2:13.34	34.89	400m: 4:35.34	35.86	600m: 6:57.88	35.28	800m: 9:17.27	33.54		
8.	2010				<b>9:38.90</b>				II 449	
	50m: 32.89	32.89	250m: 2:58.04	36.42	450m: 5:25.15	36.59	650m: 7:51.98	36.43		
	100m: 1:08.38	35.49	300m: 3:34.81	36.77	500m: 6:01.96	36.81	700m: 8:28.27	36.29		
	150m: 1:44.79	36.41	350m: 4:11.87	37.06	550m: 6:38.62	36.66	750m: 9:04.30	36.03		
	200m: 2:21.62	36.83	400m: 4:48.56	36.69	600m: 7:15.55	36.93	800m: 9:38.90	34.60		
9.	2010				<b>9:55.44</b>				II 412	
	50m: 33.07	33.07	250m: 2:59.56	37.27	450m: 5:31.32	37.58	650m: 8:04.11	38.04		
	100m: 1:08.39	35.32	300m: 3:37.12	37.56	500m: 6:09.84	38.52	700m: 8:42.52	38.41		
	150m: 1:45.26	36.87	350m: 4:15.08	37.96	550m: 6:47.34	37.50	750m: 9:21.23	38.71		
	200m: 2:22.29	37.03	400m: 4:53.74	38.66	600m: 7:26.07	38.73	800m: 9:55.44	34.21		
10.	2009				<b>10:07.48</b>				II 388	
	50m: 31.63	31.63	250m: 2:59.85	38.91	450m: 5:36.52	39.62	650m: 8:13.93	38.52		
	100m: 1:07.07	35.44	300m: 3:39.03	39.18	500m: 6:16.21	39.69	700m: 8:51.87	37.94		
	150m: 1:43.09	36.02	350m: 4:18.30	39.27	550m: 6:55.79	39.58	750m: 9:30.67	38.80		
	200m: 2:20.94	37.85	400m: 4:56.90	38.60	600m: 7:35.41	39.62	800m: 10:07.48	36.81		



302, , 800m , (14-15 )

					R.T.				WA			
11.	2010				<b>10:50.66</b>				II 316			
	50m:	35.65	35.65	250m:	3:18.72	41.35	450m:	6:05.91	42.39	650m:	8:52.61	41.45
	100m:	1:15.25	39.60	300m:	4:00.09	41.37	500m:	6:46.80	40.89	700m:	9:33.62	41.01
	150m:	1:56.20	40.95	350m:	4:41.94	41.85	550m:	7:29.02	42.22	750m:	10:13.41	39.79
	200m:	2:37.37	41.17	400m:	5:23.52	41.58	600m:	8:11.16	42.14	800m:	10:50.66	37.25
12.	2010				<b>11:01.75</b>				II 300			
	50m:	35.39	35.39	250m:	3:18.37	41.12	450m:	6:06.18	41.82	650m:	8:55.78	42.49
	100m:	1:15.26	39.87	300m:	4:00.52	42.15	500m:	6:47.69	41.51	700m:	9:38.13	42.35
	150m:	1:56.15	40.89	350m:	4:42.29	41.77	550m:	7:30.32	42.63	750m:	10:20.32	42.19
	200m:	2:37.25	41.10	400m:	5:24.36	42.07	600m:	8:13.29	42.97	800m:	11:01.75	41.43
13.	2010				<b>11:14.03</b>				III 284			
	50m:	37.40	37.40	250m:	3:24.35	42.82	450m:	6:17.30	44.17	650m:	9:09.66	43.45
	100m:	1:17.33	39.93	300m:	4:06.48	42.13	500m:	6:59.17	41.87	700m:	9:52.24	42.58
	150m:	1:59.18	41.85	350m:	4:50.43	43.95	550m:	7:42.64	43.47	750m:	10:33.65	41.41
	200m:	2:41.53	42.35	400m:	5:33.13	42.70	600m:	8:26.21	43.57	800m:	11:14.03	40.38
14.	2010				<b>11:24.53</b>				III 271			
	50m:	35.50	35.50	250m:	3:25.78	43.09	450m:	6:19.74	44.32	650m:	9:15.10	44.48
	100m:	1:17.41	41.91	300m:	4:08.62	42.84	500m:	7:03.57	43.83	700m:	9:58.95	43.85
	150m:	2:00.46	43.05	350m:	4:52.31	43.69	550m:	7:46.57	43.00	750m:		
	200m:	2:42.69	42.23	400m:	5:35.42	43.11	600m:	8:30.62	44.05	800m:	11:24.53	
15.	2010				<b>11:36.44</b>				III 258			
	50m:	34.07	34.07	250m:	3:25.74	44.02	450m:	6:23.59	44.15	650m:	9:24.82	44.73
	100m:	1:14.98	40.91	300m:	4:09.65	43.91	500m:	7:08.58	44.99	700m:	10:09.98	45.16
	150m:	1:57.72	42.74	350m:	4:54.53	44.88	550m:	7:54.77	46.19	750m:	10:53.33	43.35
	200m:	2:41.72	44.00	400m:	5:39.44	44.91	600m:	8:40.09	45.32	800m:	11:36.44	43.11
16.	2010				<b>11:53.47</b>				III 240			
	50m:	33.28	33.28	250m:	3:22.17	44.72	450m:	6:32.46	47.10	650m:	9:38.20	46.23
	100m:	1:12.59	39.31	300m:	4:08.92	46.75	500m:	7:18.51	46.05	700m:	10:25.01	46.81
	150m:	1:53.76	41.17	350m:	4:57.90	48.98	550m:	8:05.54	47.03	750m:	11:11.54	46.53
	200m:	2:37.45	43.69	400m:	5:45.36	47.46	600m:	8:51.97	46.43	800m:	11:53.47	41.93

