

: FINA 2023

							R.T.				WA	
1.				2009				<b>2:19.43</b>	I		546	
	50m:	28.91	28.91	100m:	1:06.82	37.91	150m:	1:48.10	41.28	200m:	2:19.43	31.33
2.				2009				<b>2:27.93</b>	II		457	
	50m:	31.43	31.43	100m:	1:09.56	38.13	150m:	1:54.51	44.95	200m:	2:27.93	33.42
3.				2009				<b>2:28.94</b>	II		448	
	50m:	34.49	34.49	100m:	1:15.03	40.54	150m:	1:54.53	39.50	200m:	2:28.94	34.41
4.				2010				<b>2:32.57</b>	II		417	
	50m:	32.39	32.39	100m:	1:13.19	40.80	150m:	1:58.97	45.78	200m:	2:32.57	33.60
5.				2009				<b>2:35.37</b>	II		395	
	50m:	33.62	33.62	100m:	1:14.24	40.62	150m:	1:59.60	45.36	200m:	2:35.37	35.77
6.				2009				<b>2:36.44</b>	II		386	
	50m:	33.92	33.92	100m:	1:13.76	39.84	150m:	2:01.26	47.50	200m:	2:36.44	35.18
7.				2010				<b>2:37.66</b>	II		378	
	50m:	32.28	32.28	100m:	1:14.49	42.21	150m:	2:02.01	47.52	200m:	2:37.66	35.65
8.				2009				<b>2:37.84</b>	II		376	
	50m:	33.17	33.17	100m:	1:15.76	42.59	150m:	2:01.46	45.70	200m:	2:37.84	36.38
9.				2010				<b>2:40.16</b>	II		360	
	50m:	34.87	34.87	100m:	1:16.82	41.95	150m:	2:04.67	47.85	200m:	2:40.16	35.49
10.				2010				<b>2:44.37</b>	III		333	
	50m:	34.04	34.04	100m:	1:16.75	42.71	150m:	2:07.81	51.06	200m:	2:44.37	36.56
11.				2010				<b>2:45.54</b>	III		326	
	50m:	33.90	33.90	100m:	1:17.76	43.86	150m:	2:07.37	49.61	200m:	2:45.54	38.17
12.				2010				<b>2:46.79</b>	III		319	
	50m:	35.73	35.73	100m:	1:20.03	44.30	150m:	2:07.72	47.69	200m:	2:46.79	39.07
13.				2009				<b>2:47.10</b>	III		317	
	50m:	37.98	37.98	100m:	1:21.05	43.07	150m:	2:08.90	47.85	200m:	2:47.10	38.20
14.				2009				<b>2:49.14</b>	III		306	
	50m:	36.73	36.73	100m:	1:22.49	45.76	150m:	2:09.95	47.46	200m:	2:49.14	39.19
15.				2010				<b>2:50.37</b>	III		299	
	50m:	39.10	39.10	100m:	1:23.78	44.68	150m:	2:12.93	49.15	200m:	2:50.37	37.44
16.				2010				<b>2:52.83</b>	III		286	
	150m:	2:14.97	2:14.97	200m:	2:52.83	37.86						
17.				2009				<b>2:57.62</b>	III		264	
	50m:	35.14	35.14	100m:	1:24.13	48.99	150m:	2:15.31	51.18	200m:	2:57.62	42.31
18.				2010				<b>3:00.30</b>	III		252	
	150m:	2:20.12	2:20.12	200m:	3:00.30	40.18						
19.				2010				<b>3:00.93</b>	III		250	
	50m:	38.15	38.15	100m:	1:26.96	48.81	150m:	2:16.82	49.86	200m:	3:00.93	44.11
20.				2010				<b>3:00.95</b>	III		250	
	50m:	39.41	39.41	100m:	1:26.90	47.49	150m:	2:20.28	53.38	200m:	3:00.95	40.67
21.				2010				<b>3:01.30</b>	III		248	
	50m:	37.45	37.45	100m:	1:23.50	46.05	150m:	2:22.26	58.76	200m:	3:01.30	39.04



36, , 200m , (13-14 )

							R.T.						WA
21.					2010			<b>3:01.30</b>	III				248
	50m:	40.41	40.41	100m:	1:26.62	46.21	150m:	2:21.53	54.91	200m:	3:01.30	39.77	
23.					2010			<b>3:02.02</b>	III				245
	50m:	41.54	41.54	100m:	1:29.08	47.54	150m:	2:23.99	54.91	200m:	3:02.02	38.03	
24.					2009			<b>3:02.53</b>	III				243
	50m:	37.49	37.49	100m:	1:22.10	44.61	150m:	2:22.09	59.99	200m:	3:02.53	40.44	
25.					2010			<b>3:04.15</b>	III				237
	50m:	38.78	38.78	100m:	1:25.85	47.07	150m:	2:20.03	54.18	200m:	3:04.15	44.12	
26.					2010			<b>3:05.03</b>	III				233
	50m:	40.94	40.94	100m:	1:30.47	49.53	150m:	2:21.60	51.13	200m:	3:05.03	43.43	
27.					2009			<b>3:07.15</b>	III				226
	50m:	41.57	41.57	100m:	1:29.87	48.30	150m:	2:24.56	54.69	200m:	3:07.15	42.59	
28.					2009			<b>3:18.49</b>	I				189
	50m:	43.21	43.21	100m:	1:39.03	55.82	150m:	2:31.05	52.02	200m:	3:18.49	47.44	
29.					2009			<b>3:20.64</b>	I				183
	50m:	44.15	44.15	100m:	1:37.59	53.44	150m:	2:35.67	58.08	200m:	3:20.64	44.97	
DSQ					2009						III		

