

# ДЕНЬ СТАЙЕРА



Московская  
лига  
плавания

TYR

6 октября

3  
06.10.2024 - 9:45

, 800m

(9-10 )

: FINA 2023

					R.T.				WA		
1.	2014				11:33.41				II	326	
50m:	37.97	37.97	250m:	3:34.70	44.49	450m:	6:31.66	44.38	650m:	9:27.22	43.58
100m:	1:20.96	42.99	300m:	4:18.95	44.25	500m:	7:16.64	44.98	700m:	10:10.79	43.57
150m:	2:05.26	44.30	350m:	5:04.08	45.13	550m:	8:01.19	44.55	750m:	10:53.46	42.67
200m:	2:50.21	44.95	400m:	5:47.28	43.20	600m:	8:43.64	42.45	800m:	11:33.41	39.95
2.	2014				11:52.86				III	300	
50m:	38.53	38.53	250m:	3:35.94	45.19	450m:	6:36.00	44.95	650m:	9:38.13	45.38
100m:	1:22.10	43.57	300m:	4:21.33	45.39	500m:	7:21.81	45.81	700m:	10:23.30	45.17
150m:	2:06.44	44.34	350m:	5:06.38	45.05	550m:	8:07.13	45.32	750m:	11:08.80	45.50
200m:	2:50.75	44.31	400m:	5:51.05	44.67	600m:	8:52.75	45.62	800m:	11:52.86	44.06
3.	2014				11:58.44				III	293	
50m:	37.93	37.93	250m:	3:37.98	46.23	450m:	6:42.12	45.49	650m:	9:46.76	45.71
100m:	1:21.38	43.45	300m:	4:24.57	46.59	500m:	7:28.76	46.64	700m:	10:32.63	45.87
150m:	2:06.38	45.00	350m:	5:10.17	45.60	550m:	8:14.08	45.32	750m:	11:19.26	46.63
200m:	2:51.75	45.37	400m:	5:56.63	46.46	600m:	9:01.05	46.97	800m:	11:58.44	39.18
4.	2014				12:03.23				III	287	
50m:	39.00	39.00	250m:	3:42.16	45.94	450m:	6:48.21	45.52	650m:	9:51.11	44.01
100m:	1:22.78	43.78	300m:	4:28.89	46.73	500m:	7:34.50	46.29	700m:	10:35.57	44.46
150m:	2:08.64	45.86	350m:	5:15.78	46.89	550m:	8:22.05	47.55	750m:	11:21.75	46.18
200m:	2:56.22	47.58	400m:	6:02.69	46.91	600m:	9:07.10	45.05	800m:	12:03.23	41.48
5.	2014				12:09.05				III	280	
50m:	39.33	39.33	250m:	3:40.72	46.56	450m:	6:47.90	46.93	650m:	9:55.50	46.72
100m:	1:22.94	43.61	300m:	4:27.13	46.41	500m:	7:34.76	46.86	700m:	10:42.52	47.02
150m:	2:08.37	45.43	350m:	5:13.91	46.78	550m:	8:22.15	47.39	750m:	11:28.17	45.65
200m:	2:54.16	45.79	400m:	6:00.97	47.06	600m:	9:08.78	46.63	800m:	12:09.05	40.88
6.	2014				12:19.56				III	269	
50m:	37.79	37.79	250m:	3:40.27	46.79	450m:	6:50.54	48.18	650m:	10:01.29	47.70
100m:	1:22.22	44.43	300m:	4:27.35	47.08	500m:	7:38.67	48.13	700m:	10:49.02	47.73
150m:	2:07.67	45.45	350m:	5:14.70	47.35	550m:	8:26.26	47.59	750m:	11:35.52	46.50
200m:	2:53.48	45.81	400m:	6:02.36	47.66	600m:	9:13.59	47.33	800m:	12:19.56	44.04
7.	2014				12:32.29				III	255	
50m:	42.37	42.37	250m:	3:56.25	49.15	450m:	7:08.95	47.67	650m:	10:18.32	47.04
100m:	1:30.06	47.69	300m:	4:44.07	47.82	500m:	7:55.83	46.88	700m:	11:05.62	47.30
150m:	2:18.07	48.01	350m:	5:32.90	48.83	550m:	8:43.64	47.81	750m:	11:51.79	46.17
200m:	3:07.10	49.03	400m:	6:21.28	48.38	600m:	9:31.28	47.64	800m:	12:32.29	40.50
8.	2014				12:35.96				III	251	
50m:	37.94	37.94	250m:	3:52.58	48.55	450m:	7:06.82	47.65	650m:	10:19.61	48.24
100m:	1:25.18	47.24	300m:	4:41.72	49.14	500m:	7:54.43	47.61	700m:	11:07.52	47.91
150m:	2:15.11	49.93	350m:	5:30.65	48.93	550m:	8:43.07	48.64	750m:	11:54.43	46.91
200m:	3:04.03	48.92	400m:	6:19.17	48.52	600m:	9:31.37	48.30	800m:	12:35.96	41.53
9.	2014				12:49.14				III	239	
50m:	42.38	42.38	250m:	3:54.96	49.17	450m:	7:12.87	49.71	650m:	10:28.53	48.34
100m:	1:29.21	46.83	300m:	4:44.89	49.93	500m:	8:01.39	48.52	700m:	11:16.55	48.02
150m:	2:17.20	47.99	350m:	5:33.81	48.92	550m:	8:50.54	49.15	750m:	12:04.57	48.02
200m:	3:05.79	48.59	400m:	6:23.16	49.35	600m:	9:40.19	49.65	800m:	12:49.14	44.57
10.	2015				12:52.15				III	236	
50m:	38.50	38.50	250m:	3:53.12	49.96	450m:	7:11.29	49.23	650m:	10:31.10	48.71
100m:	1:24.37	45.87	300m:	4:43.03	49.91	500m:	8:01.13	49.84	700m:	11:21.29	50.19
150m:	2:13.71	49.34	350m:	5:31.77	48.74	550m:	8:51.57	50.44	750m:	12:09.20	47.91
200m:	3:03.16	49.45	400m:	6:22.06	50.29	600m:	9:42.39	50.82	800m:	12:52.15	42.95

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ALGE timing

Splash Meet Manager, 11.78560

Registered to RSF/Moscow City Swimming Federation

06.10.2024 11:58 -

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# ДЕНЬ СТАЙЕРА



Московская  
лига  
плавания

TYR

6 октября

3, 800m (9-10)

					R.T.				WA			
11.	2014				<b>12:57.48</b>				III 231			
	50m:	42.31	42.31	250m:	4:00.26	49.39	450m:	7:17.35	49.47	650m:	10:34.46	49.87
	100m:	1:30.88	48.57	300m:	4:49.62	49.36	500m:	8:06.44	49.09	700m:	11:23.52	49.06
	150m:	2:20.98	50.10	350m:	5:38.95	49.33	550m:	8:55.43	48.99	750m:	12:10.06	46.54
	200m:	3:10.87	49.89	400m:	6:27.88	48.93	600m:	9:44.59	49.16	800m:	12:57.48	47.42
12.	2014				<b>12:57.67</b>				III 231			
	50m:	40.05	40.05	250m:	3:58.20	50.48	450m:	7:17.70	49.53	650m:	10:34.76	48.88
	100m:	1:27.79	47.74	300m:	4:47.76	49.56	500m:	8:07.35	49.65	700m:	11:25.11	50.35
	150m:	2:17.70	49.91	350m:	5:38.38	50.62	550m:	8:56.92	49.57	750m:	12:12.27	47.16
	200m:	3:07.72	50.02	400m:	6:28.17	49.79	600m:	9:45.88	48.96	800m:	12:57.67	45.40
13.	2014				<b>12:59.93</b>				III 229			
	50m:	43.24	43.24	250m:	3:57.19	49.49	450m:	7:15.11	49.41	650m:	10:34.35	49.61
	100m:	1:30.90	47.66	300m:	4:46.42	49.23	500m:	8:04.95	49.84	700m:	11:24.46	50.11
	150m:	2:19.03	48.13	350m:	5:35.68	49.26	550m:	8:54.18	49.23	750m:	12:11.39	46.93
	200m:	3:07.70	48.67	400m:	6:25.70	50.02	600m:	9:44.74	50.56	800m:	12:59.93	48.54
14.	2014				<b>13:09.99</b>				III 220			
	50m:	43.23	43.23	250m:	4:05.56	51.84	450m:	7:31.83	51.01	650m:	10:51.20	46.91
	100m:	1:33.28	50.05	300m:	4:57.73	52.17	500m:	8:22.61	50.78	700m:	11:39.04	47.84
	150m:	2:23.74	50.46	350m:	5:48.97	51.24	550m:	9:14.71	52.10	750m:	12:28.08	49.04
	200m:	3:13.72	49.98	400m:	6:40.82	51.85	600m:	10:04.29	49.58	800m:	13:09.99	41.91
15.	2014				<b>13:10.03</b>				III 220			
	50m:	43.24	43.24	250m:	4:00.70	50.65	450m:	7:21.36	49.76	650m:	10:43.05	50.64
	100m:	1:32.11	48.87	300m:	4:50.65	49.95	500m:	8:11.67	50.31	700m:	11:33.92	50.87
	150m:	2:20.85	48.74	350m:	5:41.21	50.56	550m:	9:01.40	49.73	750m:	12:22.68	48.76
	200m:	3:10.05	49.20	400m:	6:31.60	50.39	600m:	9:52.41	51.01	800m:	13:10.03	47.35
16.	2014				<b>13:14.90</b>				III 216			
	50m:	41.48	41.48	250m:	4:02.83	50.12	450m:	7:26.67	50.64	650m:	10:47.07	49.20
	100m:	1:30.51	49.03	300m:	4:54.07	51.24	500m:	8:17.29	50.62	700m:	11:39.17	52.10
	150m:	2:21.42	50.91	350m:	5:44.15	50.08	550m:	9:07.22	49.93	750m:	12:27.70	48.53
	200m:	3:12.71	51.29	400m:	6:36.03	51.88	600m:	9:57.87	50.65	800m:	13:14.90	47.20
17.	2014				<b>13:19.04</b>				I 213			
	50m:	42.38	42.38	250m:	4:03.61	51.59	450m:	7:27.45	51.33	650m:	10:56.00	53.02
	100m:	1:30.90	48.52	300m:	4:55.25	51.64	500m:	8:18.84	51.39	700m:	11:47.29	51.29
	150m:	2:21.77	50.87	350m:	5:45.86	50.61	550m:	9:10.28	51.44	750m:	12:35.03	47.74
	200m:	3:12.02	50.25	400m:	6:36.12	50.26	600m:	10:02.98	52.70	800m:	13:19.04	44.01
18.	2014				<b>13:21.44</b>				I 211			
	50m:	39.91	39.91	250m:	4:01.88	50.79	450m:	7:25.94	50.96	650m:	10:51.66	52.03
	100m:	1:29.24	49.33	300m:	4:53.76	51.88	500m:	8:17.42	51.48	700m:	11:41.09	49.43
	150m:	2:20.42	51.18	350m:	5:44.23	50.47	550m:	9:08.35	50.93	750m:	12:33.39	52.30
	200m:	3:11.09	50.67	400m:	6:34.98	50.75	600m:	9:59.63	51.28	800m:	13:21.44	48.05
19.	2014				<b>13:58.30</b>				I 184			
	50m:	42.40	42.40	250m:	4:09.37	52.98	450m:	7:43.92	54.18	650m:	11:19.75	54.03
	100m:	1:31.34	48.94	300m:	5:02.94	53.57	500m:	8:39.15	55.23	700m:	12:13.66	53.91
	150m:	2:23.03	51.69	350m:	5:56.99	54.05	550m:	9:32.10	52.95	750m:	13:07.71	54.05
	200m:	3:16.39	53.36	400m:	6:49.74	52.75	600m:	10:25.72	53.62	800m:	13:58.30	50.59
20.	2014				<b>14:35.62</b>				I 162			
	50m:	45.13	45.13	250m:	4:28.35	56.33	450m:	8:16.51	57.13	650m:	12:00.04	55.35
	100m:	1:40.61	55.48	300m:	5:24.37	56.02	500m:	9:13.38	56.87	700m:	12:54.74	54.70
	150m:	2:35.96	55.35	350m:	6:20.85	56.48	550m:	10:09.01	55.63	750m:	13:49.50	54.76
	200m:	3:32.02	56.06	400m:	7:19.38	58.53	600m:	11:04.69	55.68	800m:	14:35.62	46.12



# ДЕНЬ СТАЙЕРА



Московская  
лига  
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TYR

6 октября

3, , 800m

3 , 800m

(11-13 )

06.10.2024 - 9:45

: FINA 2023

					R.T.				WA			
1.	2011				<b>9:30.18</b>				I	587		
	50m:	33.56	33.56	250m:	2:57.63	36.29	450m:	5:22.48	36.02	650m:	7:46.63	35.83
	100m:	1:09.23	35.67	300m:	3:34.16	36.53	500m:	5:58.63	36.15	700m:	8:22.26	35.63
	150m:	1:45.17	35.94	350m:	4:10.48	36.32	550m:	6:34.92	36.29	750m:	8:57.23	34.97
	200m:	2:21.34	36.17	400m:	4:46.46	35.98	600m:	7:10.80	35.88	800m:	9:30.18	32.95
2.	2011				<b>9:34.06</b>				I	575		
	50m:	32.66	32.66	250m:	2:55.88	36.30	450m:	5:21.36	36.34	650m:	7:46.29	36.18
	100m:	1:08.27	35.61	300m:	3:32.17	36.29	500m:	5:57.79	36.43	700m:	8:22.56	36.27
	150m:	1:43.32	35.05	350m:	4:08.46	36.29	550m:	6:33.89	36.10	750m:	8:58.94	36.38
	200m:	2:19.58	36.26	400m:	4:45.02	36.56	600m:	7:10.11	36.22	800m:	9:34.06	35.12
3.	2011				<b>9:45.81</b>				I	541		
	50m:	33.35	33.35	250m:	2:56.28	36.49	450m:	5:25.37	37.61	650m:	7:55.12	37.57
	100m:	1:07.85	34.50	300m:	3:33.60	37.32	500m:	6:02.50	37.13	700m:	8:32.84	37.72
	150m:	1:43.69	35.84	350m:	4:10.16	36.56	550m:	6:40.20	37.70	750m:	9:09.93	37.09
	200m:	2:19.79	36.10	400m:	4:47.76	37.60	600m:	7:17.55	37.35	800m:	9:45.81	35.88
4.	2012				<b>9:57.64</b>				I	509		
	50m:	32.50	32.50	250m:	2:59.91	37.55	450m:	5:31.97	38.23	650m:	8:04.73	38.23
	100m:	1:08.25	35.75	300m:	3:37.51	37.60	500m:	6:10.15	38.18	700m:	8:42.91	38.18
	150m:	1:45.00	36.75	350m:	4:15.35	37.84	550m:	6:48.50	38.35	750m:	9:20.91	38.00
	200m:	2:22.36	37.36	400m:	4:53.74	38.39	600m:	7:26.50	38.00	800m:	9:57.64	36.73
5.	2012				<b>9:59.16</b>				I	505		
	50m:	34.91	34.91	250m:	3:02.95	37.96	450m:	5:34.05	37.93	650m:	8:08.52	38.66
	100m:	1:11.50	36.59	300m:	3:39.84	36.89	500m:	6:12.17	38.12	700m:	8:46.73	38.21
	150m:	1:48.22	36.72	350m:	4:17.50	37.66	550m:	6:50.78	38.61	750m:	9:24.47	37.74
	200m:	2:24.99	36.77	400m:	4:56.12	38.62	600m:	7:29.86	39.08	800m:	9:59.16	34.69
6.	2011				<b>10:02.07</b>				I	498		
	50m:	33.25	33.25	250m:	3:05.47	38.46	450m:	5:39.55	38.67	650m:	8:13.09	38.10
	100m:	1:10.36	37.11	300m:	3:43.69	38.22	500m:	6:18.06	38.51	700m:	8:50.91	37.82
	150m:	1:48.48	38.12	350m:	4:22.09	38.40	550m:	6:56.41	38.35	750m:	9:27.03	36.12
	200m:	2:27.01	38.53	400m:	5:00.88	38.79	600m:	7:34.99	38.58	800m:	10:02.07	35.04
7.	2011				<b>10:31.98</b>				II	431		
	50m:	34.96	34.96	250m:	3:10.93	40.10	450m:	5:53.54	40.85	650m:	8:36.54	41.15
	100m:	1:12.42	37.46	300m:	3:51.74	40.81	500m:	6:34.29	40.75	700m:	9:16.02	39.48
	150m:			350m:	4:32.02	40.28	550m:	7:14.89	40.60	750m:	9:55.55	39.53
	200m:	2:30.83		400m:	5:12.69	40.67	600m:	7:55.39	40.50	800m:	10:31.98	36.43
8.	2012				<b>10:33.63</b>				II	427		
	50m:	36.11	36.11	250m:	3:12.55	39.63	450m:	5:53.85	39.65	650m:	8:36.41	40.81
	100m:	1:14.73	38.62	300m:	3:53.39	40.84	500m:	6:33.85	40.00	700m:	9:16.18	39.77
	150m:	1:53.51	38.78	350m:	4:33.74	40.35	550m:	7:14.70	40.85	750m:	9:56.13	39.95
	200m:	2:32.92	39.41	400m:	5:14.20	40.46	600m:	7:55.60	40.90	800m:	10:33.63	37.50
9.	2012				<b>10:38.29</b>				II	418		
	50m:	33.02	33.02	250m:	3:11.54	40.34	450m:	5:53.83	40.36	650m:	8:38.90	42.37
	100m:	1:10.48	37.46	300m:	3:52.37	40.83	500m:	6:35.30	41.47	700m:	9:19.63	40.73
	150m:	1:50.24	39.76	350m:	4:32.69	40.32	550m:	7:16.15	40.85	750m:	9:59.33	39.70
	200m:	2:31.20	40.96	400m:	5:13.47	40.78	600m:	7:56.53	40.38	800m:	10:38.29	38.96
10.	2013				<b>10:41.29</b>				II	412		
	50m:	38.51	38.51	250m:	3:21.82	40.78	450m:	6:04.62	41.18	650m:	8:45.73	40.01
	100m:	1:18.35	39.84	300m:	4:02.34	40.52	500m:	6:45.31	40.69	700m:	9:25.63	39.90
	150m:	1:59.46	41.11	350m:	4:42.98	40.64	550m:	7:25.62	40.31	750m:	10:04.69	39.06
	200m:	2:41.04	41.58	400m:	5:23.44	40.46	600m:	8:05.72	40.10	800m:	10:41.29	36.60

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Splash Meet Manager, 11.78560

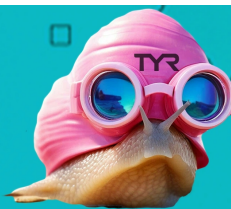
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# ДЕНЬ СТАЙЕРА



Московская  
лига  
плавания

TYR

6 октября

3, 800m (11-13 )

	/				R.T.				WA	
11.	2012				<b>10:42.74</b>				II 409	
	50m: 33.75	33.75	250m: 3:15.73	40.99	450m: 5:58.84	42.43	650m: 8:42.75	39.94		
	100m: 1:12.65	38.90	300m: 3:57.08	41.35	500m: 6:40.42	41.58	700m: 9:24.91	42.16		
	150m: 1:53.34	40.69	350m: 4:36.19	39.11	550m: 7:21.68	41.26	750m: 10:04.74	39.83		
	200m: 2:34.74	41.40	400m: 5:16.41	40.22	600m: 8:02.81	41.13	800m: 10:42.74	38.00		
12.	2012				<b>10:43.79</b>				II 407	
	50m: 35.74	35.74	250m: 3:16.19	40.73	450m: 6:00.12	41.13	650m: 8:44.24	41.28		
	100m: 1:14.93	39.19	300m: 3:56.77	40.58	500m: 6:40.54	40.42	700m: 9:25.23	40.99		
	150m: 1:54.78	39.85	350m: 4:37.72	40.95	550m: 7:22.39	41.85	750m: 10:05.91	40.68		
	200m: 2:35.46	40.68	400m: 5:18.99	41.27	600m: 8:02.96	40.57	800m: 10:43.79	37.88		
13.	2011				<b>10:49.41</b>				II 397	
	50m: 36.77	36.77	250m: 3:17.36	41.09	450m: 6:01.70	40.54	650m: 8:48.07	41.63		
	100m: 1:15.78	39.01	300m: 3:58.85	41.49	500m: 6:43.59	41.89	700m: 9:30.43	42.36		
	150m: 1:55.80	40.02	350m: 4:40.02	41.17	550m: 7:24.97	41.38	750m: 10:10.97	40.54		
	200m: 2:36.27	40.47	400m: 5:21.16	41.14	600m: 8:06.44	41.47	800m: 10:49.41	38.44		
14.	2011				<b>10:49.79</b>				II 396	
	50m: 35.32	35.32	250m: 3:18.80	41.48	450m: 6:04.25	41.45	650m: 8:49.62	40.66		
	100m: 1:14.77	39.45	300m: 4:00.13	41.33	500m: 6:45.94	41.69	700m: 9:30.79	41.17		
	150m: 1:55.69	40.92	350m: 4:41.11	40.98	550m: 7:27.19	41.25	750m: 10:12.53	41.74		
	200m: 2:37.32	41.63	400m: 5:22.80	41.69	600m: 8:08.96	41.77	800m: 10:49.79	37.26		
15.	2013				<b>10:51.58</b>				II 393	
	50m: 36.73	36.73	250m: 3:22.06	42.61	450m: 6:09.99	41.71	650m: 8:54.18	40.78		
	100m: 1:16.45	39.72	300m: 4:04.08	42.02	500m: 6:51.53	41.54	700m: 9:34.15	39.97		
	150m: 1:57.80	41.35	350m: 4:46.30	42.22	550m: 7:33.34	41.81	750m: 10:12.53	38.38		
	200m: 2:39.45	41.65	400m: 5:28.28	41.98	600m: 8:13.40	40.06	800m: 10:51.58	39.05		
16.	2013				<b>10:54.95</b>				II 387	
	50m: 37.56	37.56	250m: 3:23.46	42.88	450m: 6:08.30	40.75	650m: 8:54.04	41.58		
	100m: 1:17.80	40.24	300m: 4:04.92	41.46	500m: 6:49.33	41.03	700m: 9:36.02	41.98		
	150m: 1:58.56	40.76	350m: 4:46.81	41.89	550m: 7:30.52	41.19	750m: 10:17.31	41.29		
	200m: 2:40.58	42.02	400m: 5:27.55	40.74	600m: 8:12.46	41.94	800m: 10:54.95	37.64		
17.	2012				<b>10:57.59</b>				II 382	
	50m: 36.36	36.36	250m: 3:19.78	40.74	450m: 6:06.42	41.37	650m: 8:54.22	42.34		
	100m: 1:15.98	39.62	300m: 4:00.98	41.20	500m: 6:47.84	41.42	700m: 9:36.45	42.23		
	150m: 1:57.24	41.26	350m: 4:43.25	42.27	550m: 7:30.08	42.24	750m: 10:18.05	41.60		
	200m: 2:39.04	41.80	400m: 5:25.05	41.80	600m: 8:11.88	41.80	800m: 10:57.59	39.54		
18.	2013				<b>10:59.02</b>				II 380	
	50m: 34.27	34.27	250m: 3:17.78	42.59	450m: 6:07.92	42.82	650m: 8:57.53	42.80		
	100m: 1:10.23	35.96	300m: 3:58.01	40.23	500m: 6:49.21	41.03	700m: 9:40.21	42.68		
	150m: 1:51.94	41.71	350m: 4:41.31	43.30	550m: 7:32.27	41.19	750m: 10:21.65	41.44		
	200m: 2:35.19	43.25	400m: 5:25.10	43.79	600m: 8:14.73	42.46	800m: 10:59.02	37.37		
19.	2011				<b>11:02.15</b>				II 374	
	50m: 36.55	36.55	250m: 3:22.63	41.91	450m: 6:12.03	41.94	650m: 9:00.79	42.46		
	100m: 1:16.00	39.45	300m: 4:04.97	42.34	500m: 6:53.21	41.18	700m: 9:42.60	41.81		
	150m: 1:58.44	42.44	350m: 4:47.36	42.39	550m: 7:35.64	42.43	750m: 10:23.95	41.35		
	200m: 2:40.72	42.28	400m: 5:30.09	42.73	600m: 8:18.33	42.69	800m: 11:02.15	38.20		
20.	2012				<b>11:03.71</b>				II 372	
	50m: 35.56	35.56	250m: 3:19.05	42.07	450m: 6:09.01	39.52	650m: 8:59.50	42.51		
	100m: 1:14.84	39.28	300m: 4:01.18	42.13	500m: 6:51.61	42.60	700m: 9:41.95	42.45		
	150m: 1:55.47	40.63	350m: 4:43.48	42.30	550m: 7:34.01	42.40	750m: 10:24.14	42.19		
	200m: 2:36.98	41.51	400m: 5:29.49	46.01	600m: 8:16.99	42.98	800m: 11:03.71	39.57		
21.	2012				<b>11:04.36</b>				II 371	
	50m: 36.06	36.06	250m: 3:23.20	42.25	450m: 6:13.25	42.16	650m: 9:02.04	41.45		
	100m: 1:16.22	40.16	300m: 4:05.36	42.16	500m: 6:56.01	42.76	700m: 9:43.56	41.52		
	150m: 1:58.56	42.34	350m: 4:48.00	42.64	550m: 7:38.14	42.13	750m: 10:24.57	41.01		
	200m: 2:40.95	42.39	400m: 5:31.09	43.09	600m: 8:20.59	42.45	800m: 11:04.36	39.79		





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22.				2013				<b>11:06.18</b>	II	368		
	50m:	35.67	35.67	250m:	3:21.47	42.87	450m:	6:10.86	42.52	650m:	9:00.28	42.41
	100m:	1:16.16	40.49	300m:	4:03.56	42.09	500m:	6:53.16	42.30	700m:	9:43.03	42.75
	150m:	1:57.16	41.00	350m:	4:45.49	41.93	550m:	7:36.10	42.94	750m:	10:24.71	41.68
	200m:	2:38.60	41.44	400m:	5:28.34	42.85	600m:	8:17.87	41.77	800m:	11:06.18	41.47
23.				2012				<b>11:20.03</b>	II	346		
	50m:	37.04	37.04	250m:	3:25.26	43.76	450m:	6:19.95	43.78	650m:	9:12.36	42.60
	100m:	1:16.87	39.83	300m:	4:09.22	43.96	500m:	7:03.94	43.99	700m:	9:55.02	42.66
	150m:	1:58.31	41.44	350m:	4:52.79	43.57	550m:	7:47.59	43.65	750m:	10:38.52	43.50
	200m:	2:41.50	43.19	400m:	5:36.17	43.38	600m:	8:29.76	42.17	800m:	11:20.03	41.51
24.				2012				<b>11:34.30</b>	II	325		
	50m:	37.01	37.01	250m:	3:30.90	43.80	450m:	6:27.88	44.82	650m:	9:24.75	43.79
	100m:	1:19.12	42.11	300m:	4:14.88	43.98	500m:	7:12.35	44.47	700m:	10:08.45	43.70
	150m:	2:03.04	43.92	350m:	4:58.67	43.79	550m:	7:57.11	44.76	750m:	10:51.61	43.16
	200m:	2:47.10	44.06	400m:	5:43.06	44.39	600m:	8:40.96	43.85	800m:	11:34.30	42.69
25.				2011				<b>11:34.79</b>	II	324		
	50m:	38.15	38.15	250m:	3:30.70	43.86	450m:	6:27.35	44.31	650m:	9:27.36	43.85
	100m:	1:19.44	41.29	300m:	4:12.80	42.10	500m:	7:11.62	44.27	700m:	10:10.84	43.48
	150m:	2:02.57	43.13	350m:	4:59.24	46.44	550m:	7:57.66	46.04	750m:	10:55.08	44.24
	200m:	2:46.84	44.27	400m:	5:43.04	43.80	600m:	8:43.51	45.85	800m:	11:34.79	39.71
26.				2012				<b>11:36.96</b>	II	321		
	50m:	38.39	38.39	250m:	3:34.03	44.98	450m:	6:32.53	44.94	650m:	9:29.50	44.07
	100m:	1:21.24	42.85	300m:	4:18.59	44.56	500m:	7:16.84	44.31	700m:	10:13.42	43.92
	150m:	2:05.28	44.04	350m:	5:03.08	44.49	550m:	8:01.37	44.53	750m:	10:56.70	43.28
	200m:	2:49.05	43.77	400m:	5:47.59	44.51	600m:	8:45.43	44.06	800m:	11:36.96	40.26
27.				2013				<b>11:39.36</b>	II	318		
	50m:	36.69	36.69	250m:	3:30.20	44.39	450m:	6:28.30	43.67	650m:	9:26.79	45.39
	100m:	1:18.42	41.73	300m:	4:15.11	44.91	500m:	7:12.54	44.24	700m:	10:11.87	45.08
	150m:	2:01.95	43.53	350m:	4:59.82	44.71	550m:	7:56.84	44.30	750m:	10:55.93	44.06
	200m:	2:45.81	43.86	400m:	5:44.63	44.81	600m:	8:41.40	44.56	800m:	11:39.36	43.43
28.				2011				<b>11:41.34</b>	II	315		
	50m:	38.30	38.30	250m:	3:30.19	42.56	450m:	6:28.52	45.32	650m:	9:30.92	46.05
	100m:	1:19.90	41.60	300m:	4:14.04	43.85	500m:	7:13.75	45.23	700m:	10:15.70	44.78
	150m:	2:03.80	43.90	350m:	4:58.61	44.57	550m:	7:59.38	45.63	750m:	11:00.13	44.43
	200m:	2:47.63	43.83	400m:	5:43.20	44.59	600m:	8:44.87	45.49	800m:	11:41.34	41.21
29.				2013				<b>11:46.73</b>	III	308		
	50m:	37.53	37.53	250m:	3:36.64	45.41	450m:	6:37.82	44.38	650m:	9:35.10	44.58
	100m:	1:21.26	43.73	300m:	4:21.29	44.65	500m:	7:21.57	43.75	700m:	10:20.89	45.79
	150m:	2:06.32	45.06	350m:	5:06.76	45.47	550m:	8:06.70	45.13	750m:	11:05.15	44.26
	200m:	2:51.23	44.91	400m:	5:53.44	46.68	600m:	8:50.52	43.82	800m:	11:46.73	41.58
30.				2013				<b>11:49.71</b>	III	304		
	50m:	39.03	39.03	250m:	3:37.05	44.71	450m:	6:38.10	45.94	650m:	9:38.69	45.32
	100m:	1:22.49	43.46	300m:	4:22.34	45.29	500m:	7:23.45	45.35	700m:	10:22.80	44.11
	150m:	2:06.85	44.36	350m:	5:07.34	45.00	550m:	8:08.21	44.76	750m:	11:06.04	43.24
	200m:	2:52.34	45.49	400m:	5:52.16	44.82	600m:	8:53.37	45.16	800m:	11:49.71	43.67
31.				2013				<b>11:57.19</b>	III	294		
	50m:	39.21	39.21	250m:	3:40.39	44.82	450m:	6:40.74	45.45	650m:	9:42.33	44.75
	100m:	1:25.11	45.90	300m:	4:24.83	44.44	500m:	7:26.82	46.08	700m:	10:28.46	46.13
	150m:	2:10.52	45.41	350m:	5:09.59	44.76	550m:	8:11.77	44.95	750m:	11:13.07	44.61
	200m:	2:55.57	45.05	400m:	5:55.29	45.70	600m:	8:57.58	45.81	800m:	11:57.19	44.12
32.				2011				<b>11:59.01</b>	III	292		
	50m:	41.51	41.51	250m:	3:45.00	45.94	450m:	6:50.61	46.15	650m:	9:54.23	45.57
	100m:	1:27.02	45.51	300m:	4:31.33	46.33	500m:	7:37.18	46.57	700m:	10:38.80	44.57
	150m:	2:12.85	45.83	350m:	5:17.37	46.04	550m:	8:23.76	46.58	750m:	11:20.48	41.68
	200m:	2:59.06	46.21	400m:	6:04.46	47.09	600m:	9:08.66	44.90	800m:	11:59.01	38.53



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33.	2012				<b>11:59.35</b>				III 292			
	50m:	37.21	37.21	250m:	3:36.40	45.73	450m:	6:40.87	45.83	650m:	9:49.06	48.15
	100m:	1:20.60	43.39	300m:	4:22.46	46.06	500m:	7:28.29	47.42	700m:	10:35.66	46.60
	150m:	2:05.07	44.47	350m:	5:08.93	46.47	550m:	8:15.17	46.88	750m:	11:19.97	44.31
	200m:	2:50.67	45.60	400m:	5:55.04	46.11	600m:	9:00.91	45.74	800m:	11:59.35	39.38
34.	2013				<b>12:01.85</b>				III 289			
	50m:	37.08	37.08	250m:	3:40.41	46.16	450m:	6:44.12	45.73	650m:	9:45.58	45.10
	100m:	1:21.68	44.60	300m:	4:25.74	45.33	500m:	7:30.04	45.92	700m:	10:31.14	45.56
	150m:	2:08.35	46.67	350m:	5:11.41	45.67	550m:	8:15.12	45.08	750m:	11:17.07	45.93
	200m:	2:54.25	45.90	400m:	5:58.39	46.98	600m:	9:00.48	45.36	800m:	12:01.85	44.78
35.	2013				<b>12:09.07</b>				III 280			
	50m:	39.09	39.09	250m:	3:36.13	44.78	450m:	6:43.23	47.88	650m:	9:53.26	46.81
	100m:	1:22.39	43.30	300m:	4:21.97	45.84	500m:	7:30.93	47.70	700m:	10:40.16	46.90
	150m:	2:06.42	44.03	350m:	5:08.24	46.27	550m:	8:18.63	47.70	750m:	11:27.67	47.51
	200m:	2:51.35	44.93	400m:	5:55.35	47.11	600m:	9:06.45	47.82	800m:	12:09.07	41.40
36.	2012				<b>12:09.86</b>				III 279			
	50m:	38.10	38.10	250m:	3:35.23	44.74	450m:	6:45.18	47.31	650m:	9:52.58	46.82
	100m:	1:20.78	42.68	300m:	4:21.53	46.30	500m:	7:32.47	47.29	700m:	10:39.75	47.17
	150m:	2:05.13	44.35	350m:	5:09.21	47.68	550m:	8:19.21	46.74	750m:	11:26.76	47.01
	200m:	2:50.49	45.36	400m:	5:57.87	48.66	600m:	9:05.76	46.55	800m:	12:09.86	43.10
37.	2013				<b>12:10.26</b>				III 279			
	50m:	38.24	38.24	250m:	3:42.19	47.18	450m:	6:50.38	46.89	650m:	9:57.21	46.42
	100m:	1:21.39	43.15	300m:	4:28.84	46.65	500m:	7:37.57	47.19	700m:	10:44.10	46.89
	150m:	2:08.22	46.83	350m:	5:16.29	47.45	550m:	8:24.70	47.13	750m:	11:28.39	44.29
	200m:	2:55.01	46.79	400m:	6:03.49	47.20	600m:	9:10.79	46.09	800m:	12:10.26	41.87
38.	2013				<b>12:12.78</b>				III 276			
	50m:	40.77	40.77	250m:	3:45.26	46.88	450m:	6:52.56	47.26	650m:	9:58.40	47.51
	100m:	1:26.28	45.51	300m:	4:33.26	48.00	500m:	7:38.26	45.70	700m:	10:43.75	45.35
	150m:	2:12.23	45.95	350m:	5:19.17	45.91	550m:	8:24.16	45.90	750m:	11:28.06	44.31
	200m:	2:58.38	46.15	400m:	6:05.30	46.13	600m:	9:10.89	46.73	800m:	12:12.78	44.72
39.	2013				<b>12:13.93</b>				III 275			
	50m:	38.80	38.80	250m:	3:41.44	46.69	450m:	6:48.95	46.60	650m:	9:57.23	46.71
	100m:	1:22.45	43.65	300m:	4:28.11	46.67	500m:	7:36.18	47.23	700m:	10:44.37	47.14
	150m:	2:07.70	45.25	350m:	5:15.12	47.01	550m:	8:23.39	47.21	750m:	11:30.23	45.86
	200m:	2:54.75	47.05	400m:	6:02.35	47.23	600m:	9:10.52	47.13	800m:	12:13.93	43.70
40.	2013				<b>12:19.05</b>				III 269			
	50m:	39.94	39.94	250m:	3:47.72	47.76	450m:	6:55.08	45.89	650m:	10:02.55	47.11
	100m:	1:24.91	44.97	300m:	4:37.67	49.95	500m:	7:42.12	47.04	700m:	10:49.04	46.49
	150m:	2:12.48	47.57	350m:	5:21.53	43.86	550m:	8:29.10	46.98	750m:	11:35.39	46.35
	200m:	2:59.96	47.48	400m:	6:09.19	47.66	600m:	9:15.44	46.34	800m:	12:19.05	43.66
41.	2013				<b>12:48.45</b>				III 239			
	50m:	42.14	42.14	250m:	3:52.98	48.71	450m:	7:07.90	48.74	650m:	10:26.23	49.65
	100m:	1:29.49	47.35	300m:	4:41.24	48.26	500m:	7:56.70	48.80	700m:	11:15.34	49.11
	150m:	2:16.30	46.81	350m:	5:30.03	48.79	550m:	8:46.28	49.58	750m:	12:03.33	47.99
	200m:	3:04.27	47.97	400m:	6:19.16	49.13	600m:	9:36.58	50.30	800m:	12:48.45	45.12
42.	2012				<b>13:05.41</b>				III 224			
	50m:	40.93	40.93	250m:	3:57.31	49.65	450m:	7:16.89	49.94	650m:	10:36.57	49.46
	100m:	1:28.70	47.77	300m:	4:47.38	50.07	500m:	8:07.62	50.73	700m:	11:26.85	50.28
	150m:	2:18.10	49.40	350m:	5:37.75	50.37	550m:	8:57.66	50.04	750m:	12:16.89	50.04
	200m:	3:07.66	49.56	400m:	6:26.95	49.20	600m:	9:47.11	49.45	800m:	13:05.41	48.52
43.	2013				<b>13:53.62</b>				I 187			
	50m:	36.87	36.87	250m:	4:01.74	52.55	450m:	7:38.97	54.52	650m:	11:13.04	52.75
	100m:	1:22.44	45.57	300m:	4:56.28	54.54	500m:	8:33.59	54.62	700m:	12:07.07	54.03
	150m:	2:15.65	53.21	350m:	5:50.21	53.93	550m:	9:26.96	53.37	750m:	12:58.86	51.79
	200m:	3:09.19	53.54	400m:	6:44.45	54.24	600m:	10:20.29	53.33	800m:	13:53.62	54.76



# ДЕНЬ СТАЙЕРА



Московская  
лига  
плавания

TYR

6 октября

3, , 800m , (11-13 )

R.T.

WA

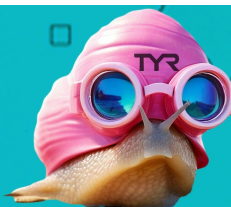
44.				2012				<b>13:56.87</b>	I	185		
	50m:	39.87	39.87	250m:	4:11.65	56.22	450m:	7:52.57	55.07	650m:	11:29.17	52.81
	100m:	1:28.20	48.33	300m:	5:06.71	55.06	500m:	8:46.51	53.94	700m:	12:21.40	52.23
	150m:	2:20.48	52.28	350m:	6:01.90	55.19	550m:	9:42.16	55.65	750m:	13:11.88	50.48
	200m:	3:15.43	54.95	400m:	6:57.50	55.60	600m:	10:36.36	54.20	800m:	13:56.87	44.99
45.				2013				<b>14:01.17</b>	I	182		
	50m:	44.22	44.22	250m:	4:18.67	54.02	450m:	7:53.32	53.19	650m:	11:25.92	55.13
	100m:	1:36.71	52.49	300m:	5:10.18	51.51	500m:	8:45.53	52.21	700m:	12:18.70	52.78
	150m:	2:31.27	54.56	350m:	6:05.72	55.54	550m:	9:37.72	52.19	750m:	13:11.23	52.53
	200m:	3:24.65	53.38	400m:	7:00.13	54.41	600m:	10:30.79	53.07	800m:	14:01.17	49.94
46.				2011				<b>14:04.15</b>	I	180		
	50m:	40.38	40.38	250m:	4:01.60	52.83	450m:	7:38.91	55.94	650m:	11:22.99	55.83
	100m:	1:25.18	44.80	300m:	4:54.58	52.98	500m:	8:34.84	55.93	700m:	12:18.54	55.55
	150m:	2:16.28	51.10	350m:	5:48.21	53.63	550m:	9:30.33	55.49	750m:	13:13.44	54.90
	200m:	3:08.77	52.49	400m:	6:42.97	54.76	600m:	10:27.16	56.83	800m:	14:04.15	50.71
47.				2013				<b>14:30.52</b>	I	164		
	50m:	46.58	46.58	250m:	4:21.15	55.31	450m:	8:03.22	54.72	650m:	11:46.67	56.11
	100m:	1:37.48	50.90	300m:	5:16.77	55.62	500m:	8:59.15	55.93	700m:	12:41.98	55.31
	150m:	2:31.52	54.04	350m:	6:12.90	56.13	550m:	9:55.42	56.27	750m:	13:36.84	54.86
	200m:	3:25.84	54.32	400m:	7:08.50	55.60	600m:	10:50.56	55.14	800m:	14:30.52	53.68

DNS

2012



# ДЕНЬ СТАЙЕРА



Московская  
лига  
плавания

TYR

6 октября

3, , 800m

3 , 800m

(14-15 )

06.10.2024 - 9:45

: FINA 2023

					R.T.				WA			
1.	2010				<b>9:41.94</b>				I	552		
	50m:	34.42	34.42	250m:	3:00.00	36.64	450m:	5:26.46	36.52	650m:	7:54.57	36.61
	100m:	1:10.48	36.06	300m:	3:36.86	36.86	500m:	6:03.64	37.18	700m:	8:31.37	36.80
	150m:	1:46.67	36.19	350m:	4:13.70	36.84	550m:	6:40.67	37.03	750m:	9:08.21	36.84
	200m:	2:23.36	36.69	400m:	4:49.94	36.24	600m:	7:17.96	37.29	800m:	9:41.94	33.73
2.	2010				<b>9:48.14</b>				I	534		
	50m:	33.75	33.75	250m:	2:58.66	36.91	450m:	5:27.53	37.84	650m:	7:57.75	37.41
	100m:	1:09.33	35.58	300m:	3:35.51	36.85	500m:	6:05.17	37.64	700m:	8:34.91	37.16
	150m:	1:45.36	36.03	350m:	4:12.78	37.27	550m:	6:42.66	37.49	750m:	9:12.18	37.27
	200m:	2:21.75	36.39	400m:	4:49.69	36.91	600m:	7:20.34	37.68	800m:	9:48.14	35.96
3.	2009				<b>9:52.12</b>				I	524		
	50m:	34.00	34.00	250m:	3:02.12	37.06	450m:	5:31.74	37.77	650m:	8:01.92	37.58
	100m:	1:09.98	35.98	300m:	3:39.34	37.22	500m:	6:09.44	37.70	700m:	8:39.19	37.27
	150m:	1:47.60	37.62	350m:	4:16.43	37.09	550m:	6:46.89	37.45	750m:	9:16.37	37.18
	200m:	2:25.06	37.46	400m:	4:53.97	37.54	600m:	7:24.34	37.45	800m:	9:52.12	35.75
4.	2010				<b>10:00.68</b>				I	502		
	50m:	33.94	33.94	250m:	3:04.84	38.36	450m:	5:37.79	38.01	650m:	8:09.59	38.40
	100m:	1:10.29	36.35	300m:	3:43.15	38.31	500m:	6:15.42	37.63	700m:	8:47.70	38.11
	150m:	1:48.24	37.95	350m:	4:21.20	38.05	550m:	6:53.36	37.94	750m:	9:25.15	37.45
	200m:	2:26.48	38.24	400m:	4:59.78	38.58	600m:	7:31.19	37.83	800m:	10:00.68	35.53
5.	2010				<b>10:03.97</b>				I	493		
	50m:	33.12	33.12	250m:	3:01.23	37.13	450m:	5:35.52	38.56	650m:	8:10.84	39.00
	100m:	1:09.53	36.41	300m:	3:39.26	38.03	500m:	6:14.23	38.71	700m:	8:50.13	39.29
	150m:	1:46.71	37.18	350m:	4:17.56	38.30	550m:	6:53.42	39.19	750m:	9:28.30	38.17
	200m:	2:24.10	37.39	400m:	4:56.96	39.40	600m:	7:31.84	38.42	800m:	10:03.97	35.67
6.	2009				<b>10:06.89</b>				I	486		
	50m:	33.39	33.39	250m:	2:59.97	37.56	450m:	5:32.43	38.93	650m:	8:10.11	39.52
	100m:	1:09.30	35.91	300m:	3:37.30	37.33	500m:	6:11.86	39.43	700m:	8:49.59	39.48
	150m:	1:45.79	36.49	350m:	4:15.48	38.18	550m:	6:50.97	39.11	750m:	9:28.82	39.23
	200m:	2:22.41	36.62	400m:	4:53.50	38.02	600m:	7:30.59	39.62	800m:	10:06.89	38.07
7.	2009				<b>10:10.69</b>				I	477		
	50m:	33.32	33.32	250m:	3:04.11	38.48	450m:	5:39.20	39.20	650m:	8:15.07	38.60
	100m:	1:10.03	36.71	300m:	3:42.57	38.46	500m:	6:17.83	38.63	700m:	8:54.57	39.50
	150m:	1:47.47	37.44	350m:	4:21.42	38.85	550m:	6:56.95	39.12	750m:	9:34.13	39.56
	200m:	2:25.63	38.16	400m:	5:00.00	38.58	600m:	7:36.47	39.52	800m:	10:10.69	36.56
8.	2010				<b>10:12.58</b>				II	473		
	50m:	33.86	33.86	250m:	3:05.58	38.71	450m:	5:42.99	39.58	650m:	8:18.34	38.58
	100m:	1:10.41	36.55	300m:	3:44.84	39.26	500m:	6:22.16	39.17	700m:	8:57.45	39.11
	150m:	1:48.45	38.04	350m:	4:24.02	39.18	550m:	7:01.17	39.01	750m:	9:36.36	38.91
	200m:	2:26.87	38.42	400m:	5:03.41	39.39	600m:	7:39.76	38.59	800m:	10:12.58	36.22
9.	2009				<b>10:13.45</b>				II	471		
	50m:	35.29	35.29	250m:	3:08.83	38.93	450m:	5:45.08	39.04	650m:	8:21.25	39.01
	100m:	1:12.74	37.45	300m:	3:47.72	38.89	500m:	6:24.16	39.08	700m:	9:00.59	39.34
	150m:	1:51.18	38.44	350m:	4:27.04	39.32	550m:	7:03.09	38.93	750m:	9:39.09	38.50
	200m:	2:29.90	38.72	400m:	5:06.04	39.00	600m:	7:42.24	39.15	800m:	10:13.45	34.36
10.	2010				<b>10:18.96</b>				II	458		
	50m:	33.55	33.55	250m:	3:03.66	38.53	450m:	5:40.87	39.67	650m:	8:20.88	40.36
	100m:	1:09.50	35.95	300m:	3:42.51	38.85	500m:	6:20.98	40.11	700m:	9:00.78	39.90
	150m:	1:46.95	37.45	350m:	4:21.56	39.05	550m:	7:00.82	39.84	750m:	9:40.25	39.47
	200m:	2:25.13	38.18	400m:	5:01.20	39.64	600m:	7:40.52	39.70	800m:	10:18.96	38.71

C " ", 25

www.swimleague.ru

ALGE timing

Splash Meet Manager, 11.78560

Registered to RSF/Moscow City Swimming Federation

06.10.2024 11:58 -

8





# ДЕНЬ СТАЙЕРА



Московская  
лига  
плавания

TYR

6 октября

3, 800m (14-15)

R.T.

WA

11.	2010				10:19.19				II	458	
50m:	34.55	34.55	250m:	3:05.27	38.42	450m:	5:42.80	40.23	650m:	8:21.48	39.30
100m:	1:11.00	36.45	300m:	3:44.18	38.91	500m:	6:21.49	38.69	700m:	9:01.50	40.02
150m:	1:48.57	37.57	350m:	4:23.05	38.87	550m:	7:01.85	40.36	750m:	9:40.27	38.77
200m:	2:26.85	38.28	400m:	5:02.57	39.52	600m:	7:42.18	40.33	800m:	10:19.19	38.92
12.	2010				10:37.89				II	419	
50m:	34.31	34.31	250m:	3:12.83	40.39	450m:	5:54.86	40.37	650m:	8:38.69	40.60
100m:	1:13.18	38.87	300m:	3:53.07	40.24	500m:	6:35.96	41.10	700m:	9:19.69	41.00
150m:	1:52.89	39.71	350m:	4:34.01	40.94	550m:	7:17.26	41.30	750m:	10:00.28	40.59
200m:	2:32.44	39.55	400m:	5:14.49	40.48	600m:	7:58.09	40.83	800m:	10:37.89	37.61
13.	2010				10:56.95				II	383	
50m:	35.81	35.81	250m:	3:20.84	41.82	450m:	6:07.33	40.63	650m:	8:53.03	
100m:	1:15.48	39.67	300m:	4:02.83	41.99	500m:	6:49.05	41.72	700m:	9:34.54	41.51
150m:	1:57.25	41.77	350m:	4:44.82	41.99	550m:	7:30.63	41.58	750m:	10:16.09	41.55
200m:	2:39.02	41.77	400m:	5:26.70	41.88	600m:			800m:	10:56.95	40.86
14.	2010				11:07.45				II	365	
50m:	39.05	39.05	250m:	3:25.79	42.01	450m:	6:15.40	42.23	650m:	9:03.73	41.75
100m:	1:20.34	41.29	300m:	4:08.10	42.31	500m:	6:57.87	42.47	700m:	9:45.83	42.10
150m:	2:02.11	41.77	350m:	4:50.41	42.31	550m:	7:39.52	41.65	750m:	10:27.64	41.81
200m:	2:43.78	41.67	400m:	5:33.17	42.76	600m:	8:21.98	42.46	800m:	11:07.45	39.81
15.	2010				11:09.71				II	362	
50m:	35.98	35.98	250m:	3:22.40	42.21	450m:	6:13.53	43.09	650m:	9:06.76	42.45
100m:	1:16.30	40.32	300m:	4:04.97	42.57	500m:	6:57.07	43.54	700m:	9:49.35	42.59
150m:	1:57.81	41.51	350m:	4:47.28	42.31	550m:	7:40.88	43.81	750m:	10:30.48	41.13
200m:	2:40.19	42.38	400m:	5:30.44	43.16	600m:	8:24.31	43.43	800m:	11:09.71	39.23
16.	2010				11:19.97				II	346	
50m:	34.24	34.24	250m:	3:22.20	43.09	450m:	6:14.96	44.07	650m:	9:09.07	42.73
100m:	1:13.71	39.47	300m:	4:05.24	43.04	500m:	6:58.48	43.52	700m:	9:52.47	43.40
150m:	1:56.25	42.54	350m:	4:47.51	42.27	550m:	7:42.60	44.12	750m:	10:36.82	44.35
200m:	2:39.11	42.86	400m:	5:30.89	43.38	600m:	8:26.34	43.74	800m:	11:19.97	43.15
17.	2010				12:44.29				III	243	
50m:	40.94	40.94	250m:	3:56.21	49.38	450m:	7:14.91	49.22	650m:	10:29.31	49.10
100m:	1:28.34	47.40	300m:	4:46.24	50.03	500m:	8:02.85	47.94	700m:	11:16.32	47.01
150m:	2:17.30	48.96	350m:	5:36.18	49.94	550m:	8:51.17	48.32	750m:	12:02.98	46.66
200m:	3:06.83	49.53	400m:	6:25.69	49.51	600m:	9:40.21	49.04	800m:	12:44.29	41.31



# ДЕНЬ СТАЙЕРА



Московская  
лига  
плавания

TYR

6 октября

3, , 800m

3 , 800m

(16-18 )

06.10.2024 - 9:45

: FINA 2023

					R.T.				WA			
1.	2008				<b>10:14.43</b>				II 469			
	50m:	33.58	33.58	250m:	3:04.85	38.55	450m:	5:38.22	38.28	650m:	8:17.27	40.10
	100m:	1:10.23	36.65	300m:	3:43.02	38.17	500m:	6:17.16	38.94	700m:	8:57.47	40.20
	150m:	1:47.87	37.64	350m:	4:20.83	37.81	550m:	6:57.07	39.91	750m:	9:37.05	39.58
	200m:	2:26.30	38.43	400m:	4:59.94	39.11	600m:	7:37.17	40.10	800m:	10:14.43	37.38
2.	2008				<b>10:25.38</b>				II 444			
	50m:	35.09	35.09	250m:	3:07.56	39.03	450m:	5:45.70	39.62	650m:	8:27.06	40.74
	100m:	1:12.53	37.44	300m:	3:46.72	39.16	500m:	6:25.76	40.06	700m:	9:07.37	40.31
	150m:	1:50.58	38.05	350m:	4:26.24	39.52	550m:	7:06.18	40.42	750m:	9:47.16	39.79
	200m:	2:28.53	37.95	400m:	5:06.08	39.84	600m:	7:46.32	40.14	800m:	10:25.38	38.22

