

29 МАРТА 2026

29.03.2026 2 , 400m (9 )

: AQUA 2026

			/		R.T.							
1.			13.11.2017		<b>6:26.87</b>		I		183			
	50m:	39.64	39.64	150m:	2:18.19	49.50	250m:	3:59.02	51.07	350m:	5:37.98	49.81
	100m:	1:28.69	49.05	200m:	3:07.95	49.76	300m:	4:48.17	49.15	400m:	6:26.87	48.89
2.			10.01.2017		<b>7:04.02</b>		II		139			
	50m:	46.07	46.07	150m:	2:32.53	54.30	250m:	4:21.34	55.14	350m:	6:10.24	54.16
	100m:	1:38.23	52.16	200m:	3:26.20	53.67	300m:	5:16.08	54.74	400m:	7:04.02	53.78
3.			20.04.2017		<b>7:06.89</b>		II		136			
	50m:	40.91	40.91	150m:	2:28.86	56.52	250m:	4:19.80	57.63	350m:	6:13.45	57.85
	100m:	1:32.34	51.43	200m:	3:22.17	53.31	300m:	5:15.60	55.80	400m:	7:06.89	53.44
4.			25.04.2017		<b>7:19.44</b>		II		125			
	50m:	46.04	46.04	150m:	2:36.07	56.22	250m:	4:29.29	56.59	350m:	6:23.28	56.84
	100m:	1:39.85	53.81	200m:	3:32.70	56.63	300m:	5:26.44	57.15	400m:	7:19.44	56.16
5.			20.06.2017		<b>7:20.54</b>		II		124			
	50m:	46.28	46.28	150m:	2:37.00	56.63	250m:	4:31.43	58.40	350m:	6:23.82	55.62
	100m:	1:40.37	54.09	200m:	3:33.03	56.03	300m:	5:28.20	56.77	400m:	7:20.54	56.72

29.03.2026 2 , 400m (10-11 )

: AQUA 2026

			/		R.T.							
1.			05.09.2015		<b>5:25.10</b>		III		309			
	50m:	35.22	35.22	150m:	1:56.43	40.77	250m:	3:20.32	42.00	350m:	4:44.40	41.92
	100m:	1:15.66	40.44	200m:	2:38.32	41.89	300m:	4:02.48	42.16	400m:	5:25.10	40.70
2.			29.12.2016		<b>5:42.07</b>		III		265			
	50m:	38.59	38.59	150m:	2:06.50	44.39	250m:	3:35.95	44.23	350m:	5:02.48	42.27
	100m:	1:22.11	43.52	200m:	2:51.72	45.22	300m:	4:20.21	44.26	400m:	5:42.07	39.59
3.			08.01.2015		<b>5:44.62</b>		III		260			
	50m:	37.86	37.86	150m:	2:05.09	44.94	250m:	3:34.68	44.63	350m:	5:02.74	42.91
	100m:	1:20.15	42.29	200m:	2:50.05	44.96	300m:	4:19.83	45.15	400m:	5:44.62	41.88
4.			06.09.2016		<b>5:57.23</b>		I		233			
	50m:	38.82	38.82	150m:	2:10.30	46.40	250m:	3:41.29	44.91	350m:	5:14.05	46.18
	100m:	1:23.90	45.08	200m:	2:56.38	46.08	300m:	4:27.87	46.58	400m:	5:57.23	43.18
5.			13.03.2015		<b>6:02.83</b>		I		222			
	50m:	40.62	40.62	150m:	2:13.03	46.34	250m:	3:47.37	47.64	350m:	5:18.38	44.47
	100m:	1:26.69	46.07	200m:	2:59.73	46.70	300m:	4:33.91	46.54	400m:	6:02.83	44.45
6.			12.07.2016		<b>6:14.70</b>		I		202			
	50m:	38.28	38.28	150m:	2:14.27	48.79	250m:	3:53.19	48.52	350m:	5:29.08	47.06
	100m:	1:25.48	47.20	200m:	3:04.67	50.40	300m:	4:42.02	48.83	400m:	6:14.70	45.62
7.			04.11.2015		<b>6:19.24</b>		I		195			
	50m:	41.23	41.23	150m:	2:15.98	48.06	250m:	3:53.89	48.86	350m:	5:31.47	48.57
	100m:	1:27.92	46.69	200m:	3:05.03	49.05	300m:	4:42.90	49.01	400m:	6:19.24	47.77
8.			18.04.2015		<b>6:28.08</b>		I		182			
	50m:	41.61	41.61	150m:	2:19.99	50.01	250m:	3:59.49	50.98	350m:	5:40.42	50.35
	100m:	1:29.98	48.37	200m:	3:08.51	48.52	300m:	4:50.07	50.58	400m:	6:28.08	47.66
9.			10.09.2015		<b>6:42.63</b>		I		163			
	50m:	43.41	43.41	150m:	2:25.20	51.60	250m:	4:08.43	51.95	350m:	5:52.42	51.27
	100m:	1:33.60	50.19	200m:	3:16.48	51.28	300m:	5:01.15	52.72	400m:	6:42.63	50.21
10.			13.11.2016		<b>6:47.33</b>		II		157			
	50m:	46.08	46.08	150m:	2:29.76	53.11	250m:	4:14.70	52.43	350m:	5:59.86	52.31
	100m:	1:36.65	50.57	200m:	3:22.27	52.51	300m:	5:07.55	52.85	400m:	6:47.33	47.47

29 МАРТА 2026

2, , 400m (10-11 )

					/		R.T.					
11.	-				18.11.2016			<b>7:32.21</b>	II		115	
	50m:	46.06	46.06	150m:	2:40.11	59.99	250m:	4:36.95	59.35	350m:	6:35.96	1:00.89
	100m:	1:40.12	54.06	200m:	3:37.60	57.49	300m:	5:35.07	58.12	400m:	7:32.21	56.25
12.					09.03.2016			<b>7:33.22</b>	II		114	
	50m:	46.76	46.76	150m:	2:40.80	57.83	250m:	4:37.60	1:00.69	350m:	6:36.53	1:00.42
	100m:	1:42.97	56.21	200m:	3:36.91	56.11	300m:	5:36.11	58.51	400m:	7:33.22	56.69
13.					12.03.2016			<b>9:37.49</b>			55	
	50m:	58.13	58.13	150m:	3:23.12	1:13.31	250m:	5:53.51	1:16.69	350m:	8:24.40	1:16.17
	100m:	2:09.81	1:11.68	200m:	4:36.82	1:13.70	300m:	7:08.23	1:14.72	400m:	9:37.49	1:13.09

2, , 400m (12-13 )

29.03.2026

: AQUA 2026

					/		R.T.					
1.					29.05.2013			<b>5:11.21</b>	III		353	
	50m:	34.99	34.99	150m:	1:52.92	39.41	250m:	3:14.32	40.40	350m:	4:34.79	39.58
	100m:	1:13.51	38.52	200m:	2:33.92	41.00	300m:	3:55.21	40.89	400m:	5:11.21	36.42
2.					28.07.2013			<b>5:13.50</b>	III		345	
	50m:	34.66	34.66	150m:	1:54.29	40.68	250m:	3:15.48	41.19	350m:	4:35.70	40.69
	100m:	1:13.61	38.95	200m:	2:34.29	40.00	300m:	3:55.01	39.53	400m:	5:13.50	37.80
3.					19.08.2013			<b>5:17.42</b>	III		332	
	50m:	34.06	34.06	150m:	1:55.25	41.71	250m:	3:17.46	41.35	350m:	4:39.19	40.70
	100m:	1:13.54	39.48	200m:	2:36.11	40.86	300m:	3:58.49	41.03	400m:	5:17.42	38.23
4.					01.12.2013			<b>5:18.89</b>	III		328	
	50m:	34.02	34.02	150m:	1:54.92	41.35	250m:	3:16.51	40.93	350m:	4:40.05	42.63
	100m:	1:13.57	39.55	200m:	2:35.58	40.66	300m:	3:57.42	40.91	400m:	5:18.89	38.84
5.					09.05.2013			<b>5:20.97</b>	III		321	
	50m:	34.08	34.08	150m:	1:53.61	41.08	250m:	3:17.04	41.99	350m:	4:41.06	42.08
	100m:	1:12.53	38.45	200m:	2:35.05	41.44	300m:	3:58.98	41.94	400m:	5:20.97	39.91
6.					22.02.2014			<b>5:23.58</b>	III		314	
	50m:	36.37	36.37	150m:	1:59.68	42.30	250m:	3:24.23	41.83	350m:	4:46.26	40.16
	100m:	1:17.38	41.01	200m:	2:42.40	42.72	300m:	4:06.10	41.87	400m:	5:23.58	37.32
7.					23.04.2014			<b>5:51.68</b>	I		244	
	50m:	37.42	37.42	150m:	2:07.41	45.17	250m:	3:38.17	46.16	350m:	5:07.44	43.73
	100m:	1:22.24	44.82	200m:	2:52.01	44.60	300m:	4:23.71	45.54	400m:	5:51.68	44.24
8.					22.09.2014			<b>6:02.06</b>	I		224	
	50m:	40.68	40.68	150m:	2:13.45	47.46	250m:	3:49.31	47.29	350m:	5:21.06	46.90
	100m:	1:25.99	45.31	200m:	3:02.02	48.57	300m:	4:34.16	44.85	400m:	6:02.06	41.00
9.					16.02.2014			<b>6:51.82</b>	II		152	
	50m:	41.05	41.05	150m:	2:22.68	53.53	250m:	4:14.32	55.70	350m:	5:57.73	48.59
	100m:	1:29.15	48.10	200m:	3:18.62	55.94	300m:	5:09.14	54.82	400m:	6:51.82	54.09
DSQ					08.02.2013							
DNS					25.03.2014							
DNS					17.10.2014							

29 МАРТА 2026

2, , 400m

2, , 400m

(14-15 )

29.03.2026

: AQUA 2026

				/		R.T.					
1.				02.06.2011				<b>4:50.68</b>		II 433	
	50m:	32.22	32.22	150m:	1:47.02	38.31	250m:	3:00.64	37.42	350m:	4:15.21 37.94
	100m:	1:08.71	36.49	200m:	2:23.22	36.20	300m:	3:37.27	36.63	400m:	4:50.68 35.47
2.				27.01.2012				<b>4:56.18</b>		II 409	
	50m:	32.02	32.02	150m:	1:46.88	38.51	250m:	3:04.64	38.49	350m:	4:21.83 38.14
	100m:	1:08.37	36.35	200m:	2:26.15	39.27	300m:	3:43.69	39.05	400m:	4:56.18 34.35
3.				14.10.2012				<b>5:23.27</b>		III 315	
	50m:	35.68	35.68	150m:	1:58.59	42.59	250m:	3:23.58	42.65	350m:	4:44.11 40.08
	100m:	1:16.00	40.32	200m:	2:40.93	42.34	300m:	4:04.03	40.45	400m:	5:23.27 39.16
4.				28.12.2012				<b>5:38.84</b>		III 273	
	50m:	34.15	34.15	150m:	1:54.14	41.52	250m:	3:23.77	45.70	350m:	4:56.32 46.93
	100m:	1:12.62	38.47	200m:	2:38.07	43.93	300m:	4:09.39	45.62	400m:	5:38.84 42.52
5.				17.02.2012				<b>5:51.91</b>		I 244	
	50m:	38.53	38.53	150m:	2:07.82	45.63	250m:	3:39.54	46.20	350m:	5:09.65 44.22
	100m:	1:22.19	43.66	200m:	2:53.34	45.52	300m:	4:25.43	45.89	400m:	5:51.91 42.26
6.				21.12.2012				<b>5:53.96</b>		I 239	
	50m:	37.63	37.63	150m:	2:07.91	45.89	250m:	3:40.60	46.53	350m:	5:12.51 46.11
	100m:	1:22.02	44.39	200m:	2:54.07	46.16	300m:	4:26.40	45.80	400m:	5:53.96 41.45
7.				03.07.2011				<b>6:17.28</b>		I 198	
	50m:	38.73	38.73	150m:	2:10.39	46.92	250m:	3:48.99	49.65	350m:	5:30.10 50.87
	100m:	1:23.47	44.74	200m:	2:59.34	48.95	300m:	4:39.23	50.24	400m:	6:17.28 47.18

2, , 400m

(16-18 )

29.03.2026

: AQUA 2026

				/		R.T.					
1.				20.07.2009				<b>4:24.58</b>		I 574	
	50m:	28.97	28.97	150m:	1:35.02	33.69	250m:	2:42.85	33.74	350m:	3:51.19 33.93
	100m:	1:01.33	32.36	200m:	2:09.11	34.09	300m:	3:17.26	34.41	400m:	4:24.58 33.39
2.				19.10.2010				<b>4:33.75</b>		II 518	
	50m:	29.62	29.62	150m:	1:38.09	35.34	250m:	2:49.91	35.80	350m:	4:00.39 34.84
	100m:	1:02.75	33.13	200m:	2:14.11	36.02	300m:	3:25.55	35.64	400m:	4:33.75 33.36
3.				25.09.2010				<b>4:37.83</b>		II 496	
	50m:	30.42	30.42	150m:	1:40.35	35.80	250m:	2:51.81	35.54	350m:	4:03.30 35.70
	100m:	1:04.55	34.13	200m:	2:16.27	35.92	300m:	3:27.60	35.79	400m:	4:37.83 34.53
4.				19.06.2010				<b>4:39.78</b>		II 485	
	50m:	31.09	31.09	150m:	1:40.32	35.30	250m:	2:52.00	35.90	350m:	4:05.26 35.99
	100m:	1:05.02	33.93	200m:	2:16.10	35.78	300m:	3:29.27	37.27	400m:	4:39.78 34.52
5.				04.02.2010				<b>4:42.47</b>		II 472	
	50m:	28.61	28.61	150m:	1:36.95	35.08	250m:	2:50.89	36.89	350m:	4:05.72 37.14
	100m:	1:01.87	33.26	200m:	2:14.00	37.05	300m:	3:28.58	37.69	400m:	4:42.47 36.75
6.				28.05.2010				<b>4:47.69</b>		II 446	
	50m:	29.61	29.61	150m:	1:38.59	35.54	250m:	2:53.59	38.02	350m:	4:10.43 38.24
	100m:	1:03.05	33.44	200m:	2:15.57	36.98	300m:	3:32.19	38.60	400m:	4:47.69 37.26
7.				22.08.2009				<b>5:02.37</b>		II 384	
	50m:	33.56	33.56	150m:	1:50.70	39.81	250m:	3:09.90	40.09	350m:	4:25.26 36.57
	100m:	1:10.89	37.33	200m:	2:29.81	39.11	300m:	3:48.69	38.79	400m:	5:02.37 37.11



29 МАРТА 2026

2, , 400m , (16-18 )

				/			R.T.				
8.				07.04.2010			<b>5:02.75</b>			II	383
	50m:	32.61	32.61	150m:	1:48.86	39.12	250m:	3:06.48	39.10	350m:	4:25.81 38.83
	100m:	1:09.74	37.13	200m:	2:27.38	38.52	300m:	3:46.98	40.50	400m:	5:02.75 36.94
9.				27.08.2010			<b>5:02.85</b>			II	383
	50m:	32.25	32.25	150m:	1:47.49	38.42	250m:	3:06.56	39.70	350m:	4:25.61 39.26
	100m:	1:09.07	36.82	200m:	2:26.86	39.37	300m:	3:46.35	39.79	400m:	5:02.85 37.24
10.				05.06.2010			<b>5:03.49</b>			II	380
	50m:	31.03	31.03	150m:	1:47.69	39.52	250m:	3:07.38	39.37	350m:	4:27.14 38.88
	100m:	1:08.17	37.14	200m:	2:28.01	40.32	300m:	3:48.26	40.88	400m:	5:03.49 36.35
11.				20.02.2008			<b>5:04.21</b>			II	378
	50m:	32.18	32.18	150m:	1:43.28	35.86	250m:	3:00.01	39.11	350m:	4:22.59 42.13
	100m:	1:07.42	35.24	200m:	2:20.90	37.62	300m:	3:40.46	40.45	400m:	5:04.21 41.62
12.				15.06.2010			<b>5:15.46</b>			III	338
	50m:	33.23	33.23	150m:	1:51.69	40.61	250m:	3:14.13	41.46	350m:	4:37.89 41.39
	100m:	1:11.08	37.85	200m:	2:32.67	40.98	300m:	3:56.50	42.37	400m:	5:15.46 37.57
13.				06.10.2010			<b>5:25.57</b>			III	308
	50m:	34.19	34.19	150m:	1:53.25	40.74	250m:	3:18.34	43.15	350m:	4:44.49 42.72
	100m:	1:12.51	38.32	200m:	2:35.19	41.94	300m:	4:01.77	43.43	400m:	5:25.57 41.08

2 , 400m 19

29.03.2026

: AQUA 2026

				/			R.T.				
1.				23.01.2007			<b>4:23.75</b>			I	580
	50m:	29.79	29.79	150m:	1:35.70	33.81	250m:	2:42.64	33.58	350m:	3:51.37 33.91
	100m:	1:01.89	32.10	200m:	2:09.06	33.36	300m:	3:17.46	34.82	400m:	4:23.75 32.38
2.				31.08.2001			<b>5:16.46</b>			III	335
	50m:	33.37	33.37	150m:	1:50.73	39.49	250m:	3:12.23	41.05	350m:	4:35.72 41.07
	100m:	1:11.24	37.87	200m:	2:31.18	40.45	300m:	3:54.65	42.42	400m:	5:16.46 40.74
3.				24.06.1988			<b>5:25.18</b>			III	309
	50m:	35.28	35.28	150m:	1:55.28	41.14	250m:	3:19.87	42.64	350m:	4:45.02 41.88
	100m:	1:14.14	38.86	200m:	2:37.23	41.95	300m:	4:03.14	43.27	400m:	5:25.18 40.16

DNS 24.11.1987